

From career drift to career design.

A four-week programme for people whose careers have drifted into something that no longer fits who they are or what they want. Each week builds on the last: a module to work through, a live session to start the work together, and small experiments to try in your real working life.

1

Career drift: how did you get here?

What career drift is and why it happens, a clear look at what you have actually built so far, and a career story exercise that shows what has really been driving your decisions.

By the end of the week you will have

- Identified your own career drift
- Completed a career timeline and career story exercise
- Written the career story you have been living to date
- Started an energy and engagement diary for the week ahead

2

What's important to you now?

Making sense of your energy data, understanding what you truly value now, measuring the gap between your values and your career today, and starting to close it with small, concrete actions.

By the end of the week you will have

- Found the patterns and themes in your energy and engagement data
- Articulated the values that matter most to you now
- Audited where your career and life do and don't feed those values
- Chosen specific actions to bring more of your values into your work now
- Written the next section of your career story

3

Permission to play: who could you become?

Consolidating what you've learned, imagining the future selves you might step into (the wild ones included), naming the beliefs that get in the way, and designing experiments to test them.

By the end of the week you will have

- Reviewed and consolidated what you've learned so far
 - Named a limiting belief that gets in the way of experimenting
 - Articulated a couple of possible selves
 - Designed an experiment to test them
 - Created the next section of your career story
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4

Who you're becoming: your next chapter

Making sense of your experiments with a reflective tool you can keep for life, turning everything you've learned into principles for your next chapter, and making a commitment to yourself for whenever your career drifts again.

By the end of the week you will have

- Reflected on your experiments and decided what to try next
 - Designed principles for your next career chapter
 - Completed the next chapter of your career story
 - Commitments that will support you through any future career drift
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How each week runs

- A new module opens every Monday morning, to work through in your own time
- Live session every Monday, 6:00 to 7:30pm UK time, online, with small breakout groups
- Office hours or a fireside chat every Thursday, 6:00 to 6:45pm
- A five-minute daily energy diary
- Every live session is recorded
- It finishes with Your Next Chapter, a closing session on the final Friday

What's included

- Four live sessions and four modules
- Fireside chats and office hours
- A one-to-one coaching session as you finish
- Access to the programme for life
- A small group going through it with you
- A first-week money-back guarantee if you do the work

This programme is not a job search: we don't work on CVs or applications. It's a framework for designing your career with intention, now and the next time it drifts.

Book your place at careering.com/possibility. Questions: hello@careering.com